



*A programme of Conservation Volunteering to improve local green spaces. Join in whenever suits you.*

**Norfolk Environmental Action Team**

August 2025

**Join us whenever you can, we do not require any regular commitment to attend.** FREE Minibus leaves at 10am from the Corner of Queens Road & Brazen Gate, by the traffic lights and glass canopy next to the big Sainsbury's near Norwich bus station [what3words: single.affair.robe]. If you would like a lift from near UEA, please ask. **Booking is NOT usually needed** - just turn up any day, but to be sure of a place on the minibus for days marked **BM** below, contact [mark.webster@tcv.org.uk](mailto:mark.webster@tcv.org.uk) / 07740 899 691. See end of this document for more info, including details about who can attend (most people). Sessions run from arrival on site (depends on traffic and travel distance) to 3.00pm on site. If you do not need to get the minibus back, **you can leave whenever you need to** (just let the leader know). Minibus returns to central Norwich by 4.00pm. **Mobile number to contact us on the day: 07740 899 691.**

Date	Site	Activity	Site Meeting Point (if coming by car or bike) at 10.15am unless otherwise stated
Fri 1 <sup>st</sup>	<b>Littlewood Drayton BM NEW SITE</b>	Little by Little...every little bit of bracken removed saves a little bit of Littlewood's wildlife habitats.	At the railway gates (entrance to Marriott's Way), Pendlesham Rise, Drayton / Thorpe Marriott, NR8 6XE [ what3words: purified.segmented.hill ] <b>Arriving at about 10.25am PT WC at Tesco (10 minutes walk)</b>
Mon 4 <sup>th</sup>	<b>Queen's Hills Community Park BM</b>	Water, water, in one place. Gathering materials for a dead hedge around our water 'feature', bracken control and meadow management.	By small waterworks on Alfred Munnings Road, between Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY. (OS grid reference TG 153 117) [ what3words: lows.science.remarking ] <b>Arriving ~ 10.25am. WC at Sainsburys (15 minutes walk)</b>

Tues 5 <sup>th</sup>	<b>Bowthorpe Southern Park BM</b>	I ain't going south of the river at that time of day...but please do join us for removing invasive ragwort from this meadow by the River Yare.	Bowthorpe Southern Park car park, off Roundabout at Three Score Road / Bladewater Road junction, Bowthorpe, Norwich, NR5 9HY.  [ what3words: found.gent.answer ] (OS grid ref TG 176 084) <b>WC at Roys or Earlham Park (15 minutes walk)</b>
Wed 6 <sup>th</sup>	<b>Lenwade Riverside BM</b>	Friends, Romans, Countrymen, Lenwade me you ears...well hands might be more useful actually, it's balsam pulling again.	Outside Kelly's Bakery / Butchers / Fish and Chip shop, A1067 Fakenham Road, Lenwade / Great Witchingham, NR9 5AE.  [ what3words: flight.bonfires.ignoring ] <b>Arriving at approx 10.30am.</b>
Thurs 7 <sup>th</sup>	<b>Mousehold Heath BM</b>	Don't Look Brack in Anger, I heard you say...probably bracken, probably pulling it up!	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [ what3words: sobs.deeply.charm ] <b>WC next to Zak's PT</b>
Fri 8 <sup>th</sup>	<b>Hellesdon old Station BM</b>	Some Might Say that it's hopeless, but we will be keep knocking back the dreaded balsam as much as we can.	Hellesdon abandoned train station, on Marriotts Way path, just west of Hellesdon Road, Norwich, nearest postcode NR5 8XN, OS grid ref TG 197 100 [ what3words: plans.larger.bars ]
Mon 11 <sup>th</sup>	<b>Bowthorpe Southern Park</b>	From ragworts to riches? Removing ragwort from areas grazed by horses will ensure this rich habitat will continue to thrive.	Bowthorpe Southern Park car park, off Roundabout at Three Score Road / Bladewater Road junction, Bowthorpe, Norwich, NR5 9HY. [ what3words: found.gent.answer ] (OS grid ref TG 176 084) <b>WC at Roys or Earlham Park (15 minutes walk)</b>

Tues 12 <sup>th</sup>	<b>Salle (Farm Woodland)</b>	Let us Sall-e forth one more time against the massed ranks of invasive balsam.	Outside the church (St Peter & St Paul), The Street, Salle, near Reepham, NR10 4SD. (OS grid ref TG 109 248) [ what3words: solution.gathers.contemplate ] <b>Arriving at approx 10.35am.</b>
Wed 13 <sup>th</sup>	<b>Queen's Hills Community Park</b>	The heights of summer? Cutting back wildflower meadow areas on the slopes above Norwich, which we know are home to some very rare species!	By small waterworks on Alfred Munnings Road, between Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY. (OS grid reference TG 153 117) [ what3words: lows.science.remarking ] <b>Arriving ~ 10.25am. PT</b>
Thurs 14 <sup>th</sup>	<b>East Ruston Poors Land</b>	Brack on the Chain Gang. No Pretending, we really will be tackling bracken and gorse to protect the heather.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] <b>Arriving approx 10.45am. PT</b>
Fri 15 <sup>th</sup>	<b>Netherwood Green Woods</b>	Nether have I ever...spent a lovely day weeding around trees and brushcutting the woodland pathways.	At the entrance to the woods near Webster Court, Lakenfields (take Stratford Drive off Long John Hill), NR1 2HB. [ what3words: effort.left.pills ]. Or minibus from Brazen Gate at 10am as usual. <b>PT</b>
Mon 18 <sup>th</sup>	<b>Roughton Meadow</b>	You've Gotta Fight...for you Rought...to par-tay! No messing about, but we will enjoy cutting and raking at this lovely hidden site.	Outside New Inn (opposite chip shop) on A140 at junction with B1436 Thorpe Market Road, Roughton, NR11 8SH. [what3words: sunbeam.scariest.smarting ] <b>Arriving at approx 10.35am. PT L at chip shop</b>

Tues 19 <sup>th</sup>	<b>East Ruston Poors Land</b>	G for ses. Understanding the gravity of the situation, we will be tackling invasive gorse and bracken.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] <b>Arriving approx 10.45am. PT</b>
Wed 20 <sup>th</sup>	<b>Gressenhall Playing Field NEW SITE</b>	Take your best Gress about what we will be doing here...correct, it's Himalayan Balsam pulling but at a new woodland site.	Rougholme Close junction with Litcham Road, Gressenhall village, NR20 4DY. (OS Grid Ref TF 967 166) [ what3words: outboard.interlude.glaze ] <b>Arriving at approx. 10.45am</b>
Thurs 21 <sup>st</sup>	<b>Mousehold Heath</b>	Exploring the Brack of Beyond. Hunting around Mousehold for remaining invasive bracken to pull up.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [ what3words: sobs.deeply.charm ] <b>WC next to Zak's PT</b>
Fri 22 <sup>nd</sup>	<b>Eaton Burial Ground</b>	On stony ground. Cutting and raking this area of low-nutrient grassland which is ideal for wildflowers.	Eaton Burial Ground Church Lane Eaton, NR4 6NY. The site is hard to spot, but there is a small sign above a low embankment wall.  [ what3words: driven.slower.apple ] <b>WC at Waitrose (5 mins walk) PT</b>
Mon 25 <sup>th</sup>	<b>* NO TASK *</b>	Bank Holiday, NO TASK today.	<b>*** BANK HOLIDAY - NO TASK TODAY ***</b>
Tues 26 <sup>th</sup>	<b>Lyng Riverside</b>	Lyng Fling-ing. Pull up that invasive balsam and fling it into the trees to dry it out!	Car park by Sparham Pools nature reserve (marked only by footpath fingerpost), Lyng Road, near Lyng Village, NR9 5QY (OS grid ref TG 073 179). [ what3

			words: hood.relegate.renewals ] <b>Arriving at approx 10.30am.</b>
Wed 27 <sup>th</sup>	<b>Roughton Meadow</b>	You ain't ever gonna burn my heart Rought. Sally can't wait to join us cutting and raking this lovely little site.	Outside New Inn (opposite chip shop) on A140 at junction with B1436 Thorpe Market Road, Roughton, NR11 8SH. [what3words: sunbeam.scariest.smarting ] <b>Arriving at approx 10.35am.</b>
Thurs 28 <sup>th</sup>	<b>Mousehold Heath</b>	Brack to basics. Bracken pulling, or maybe meadow cutting, but all simple enough tasks that anyone can enjoy.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [ what3words: sobs.deeply.charm ] <b>WC next to Zak's PT</b>
Fri 29 <sup>th</sup>	<b>Eaton Burial Ground</b>	The parable of the mower. Cutting and raking the wildflower meadows amongst the gravestones.	Eaton Burial Ground Church Lane Eaton, NR4 6NY. The site is hard to spot, but there is a small sign above a low embankment wall.  [ what3words: driven.slower.apple ] <b>PT L at supermarket café</b>

**\*\* FREE bus travel for ALL days this month - tickets refunded for all volunteers for any bus journeys to and from either of our meeting points on the day \*\***

**BOOKING** There is usually enough space for everyone on the minibus if we are working in or near Norwich, but for some longer trips the minibus might get full, if you wish you can email or text Mark (details below) to be sure of a place on the bus – this is especially advised on days marked **BM** above. If you would find it helpful to ask us anything before coming on a project for the first time, please do contact us - see below. Otherwise, if you are over 18 and don't have any unspent convictions for serious crimes, you can just turn up and join in. **If you are 16 or 17** you will need a parent or guardian to sign our permission form before you can get started - please contact us if you need one. **If you have unspent convictions** for sexual or violent offences, you will not be able to

volunteer with TCV (please contact us for a confidential chat if you need to check if this applies to you).

**MEETING POINTS** If you would like a map, or directions to the site, please contact us. FREE Minibus transport is available from outside stated pick-up points only, returning to the same place at the end of the session. We do our best to keep to time, but due to traffic etc, timings are approximate.

**WE PROVIDE** All tools and protective equipment are provided, please bring your own refreshments (drinks and a packed lunch) for the day, unless a task is marked **L** above, when lunch is provided from a nearby shop or takeaway. If a site has toilets available nearby this is indicated on the programme by '**WC**' in the 'Site Meeting Point' column (if this toilet is more than 5 minutes walk away we will go there by minibus at lunchtime).

**PLEASE WEAR** Old work clothes, suitable for the weather. If you have them, please bring reasonably sturdy shoes or boots, and rainwear. We provide work gloves and everything else necessary for the task. You are advised to check if your tetanus inoculation is up to date. **PT** means petrol-powered tools likely to be in use for at least some of the day: there is usually plenty of space so you can keep well away from them, but extra ear defenders are available for you if you want them. All other tasks are expected to be done with hand tools so should generally be quite quiet.

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