



Join in Feel Good! A programme of Conservation Volunteering to improve local green spaces.

# Norfolk Environmental Action Team

## February 2024

**FREE Minibus leaves at 10am** from the Corner of Queens Road & Brazen Gate, by the traffic lights next to the big Sainsbury's car park, near Norwich bus station [what3words: single.affair.robe]. If you would like to get a lift from near UEA, please ask. **Booking is NOT usually needed** - just turn up on the day, unless you want to be sure of a place on the minibus for days marked **BM** below (book via [mark.webster@tcv.org.uk](mailto:mark.webster@tcv.org.uk) / 07740 899 691). See last page of this document for more information about joining these activities, including details about who can attend (most people). Sessions run from arrival on site (depends on traffic and travel distance) to 3.15pm on site, returning to central Norwich by 4.15pm.

**Mobile number to contact us on the day: 07740 899 691.**

Date	Site	Activity	Site Meeting Point (if coming by car or bike) at 10.15am unless otherwise stated
Thurs 1 <sup>st</sup>	<b>NO TASK</b>	Sorry, no task today.	*** NO TASK TODAY ***
Fri 2 <sup>nd</sup>	<b>Woodlands Park</b>	If you go down to the Woodlands today...you will be able to join us clearing brambles. No need for a disguise!	Junction of Winchcomb and Wheatley Road (just off A1074 Dereham Road near Sweet Briar roundabout), Norwich, NR2 3UF.  [ what3words: swing.ledge.fled ]
Mon 5 <sup>th</sup>	<b>Queen's Hills Country Park</b>	The Hills are alive, with the sound of volunteers cutting back bramble and gorse. Music to my ears!	Near small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY, [ what3words: lows.science.remarking ] <b>Arriving approx 10.25am.</b>
Tues 6 <sup>th</sup>	<b>East <b>BM</b> Ruston Poors Land</b>	Making the Poor Land poorer: cutting back gorse to stop excess nutrients	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words:

		building up on the open heath.	inflates.square.victory] <b>Arriving approx 10.45am.</b>
Wed 7 <sup>th</sup>	<b>Longham Claypits</b> <b>BM</b>	Take the Long(ham) Way Home...clearing bullrushes out of the ponds.	Longham Village Hall car park, Chapel Road, Longham, NR19 2RN. (OS Grid Ref TF 942 160) [what3words: chapels.litigate.send ] <b>Arriving at approx 10.40am.</b>
Thurs 8 <sup>th</sup>	<b>Mousehold Heath</b>	Get it out in the open (heath). Clearing gorse to maintain the open heathland habitat.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW.  [ what3words: sobs.deeply.charm ]
Fri 9 <sup>th</sup>	<b>Woodlands Park</b>	Tree planting. Adding a variety of native tree to this valuable urban woodland – a hidden gem!	Junction of Winchcomb and Wheatley Road (just off A1074 Dereham Road near Sweet Briar roundabout), Norwich, NR2 3UF.  [ what3words: swing.ledge.fled ]
Mon 12 <sup>th</sup>	<b>Ketts Cave Scout Hut</b>	Scouting for boys, and anyone else who wants to join us for hedge planting.	Allotment gates, by Ketts Cave park sign and play area, corner of Balfour Street (near Old Allotment Court), Norwich, NR3 1NH. [ what3words: merit.animal.puzzle ] W.C.
Tues 13 <sup>th</sup>	<b>East</b> <b>BM</b> <b>Ruston Poors Land</b>	Poor some sugar on me. Clearing willow to maintain the wetland habitats at this Site of Special Scientific Interest.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] <b>Arriving approx 10.45am.</b>
Wed 14 <sup>th</sup>	<b>Mousehold Heath</b>	Open says me. We will maintain this internationally important habitat by keeping the gorse under control on the open heathland.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW.  [ what3words: sobs.deeply.charm ]
Thurs 15 <sup>th</sup>	<b>East</b> <b>BM</b> <b>Ruston Poors Land</b>	Poor he's a jolly good fellow. All jolly good volunteers welcome for tackling the invasive willow.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] <b>Arriving approx 10.45am.</b>

Fri 16 <sup>th</sup>	<b>Lion Wood</b> <b>BM</b>	Winter tree ID course (and bulb planting). Learn to identify many of our native trees even just from their bare twigs. Includes the option of visiting other woods by minibus, plus about an hour planting native wildflower bulbs at Horsford.	Community centre car park, Pilling Park Road, Norwich NR1 4PA. [ what3words: shins.flock.groom ]
Sat 17 <sup>th</sup>	<b>Queen's Hills Community Park</b>	The Hills have eyes, and so they will see a group of volunteers cutting back gorse and bramble to open out the habitat for rare invertebrates.	Car park by small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY. [ what3words: lows.science.remarking ] <b>Meet at 10am on site, sorry no minibus from central Norwich today.</b>
Mon 19 <sup>th</sup>	<b>East BM</b> <b>Ruston Poors Land</b>	A Poor performance. Looking after the habitats at this special area of "Poor's Allotments" by removing invasive willow scrub.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] <b>Arriving approx 10.45am.</b>
Tues 20 <sup>th</sup>	<b>East BM</b> <b>Ruston Poors Land</b>	Poor little things! Removing willow scrub that is overwhelming the rare wetland wildflowers.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] <b>Arriving approx 10.45am.</b>
Wed 21 <sup>st</sup>	<b>Queen's Hills Country Park</b>	It's the last leg, Adam. For the last time this month, we will be removing gorse and inappropriately planted trees from the Hills at this special heathland site.	Near small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY, [ what3words: lows.science.remarking ] <b>Arriving approx 10.25am.</b>
Thurs 22 <sup>nd</sup>	<b>NO TASK</b>	Sorry, no task today.	<b>*** NO TASK TODAY ***</b>
Fri 23 <sup>rd</sup>	<b>NO TASK</b>	Sorry, no task today.	<b>*** NO TASK TODAY ***</b>

Mon 26 <sup>th</sup>	<b>Buxton BM</b> <b>Balay Park</b>	I'm only Sleep(er)ing. Creating raised beds for shrub planting at this brand new site.	Balay Park entrance, Cubitts Meadow (off Aylsham Road), Buxton-with-Lammas, NR10 5EF (OS grid ref TG 229 227). [ what3words: iteration.remove.torch ] <b>Arriving approx 10.30am.</b>
Tues 27 <sup>th</sup>	<b>Diss Mini Forest BM</b>	Tree Planting for Karate Kids? It's Mr Miyawaki's method rather than Mr Miyagi's, but we will be tree planting Japanese-style in Diss. No painting of the fence required.	Fieldhouse Gardens (adjacent to No 70), Diss, IP22 4PH.  [ what3words: poses.minerals.bedrooms ] <b>Arriving approx 10.45am.</b>
Wed 28 <sup>th</sup>	<b>East BM</b> <b>Ruston</b> <b>Poors Land</b>	Feeling Poor-ly? Once more with feeling, we will tackle the invasive willow scrub to protect the SSSI wetlands.	Car park at Butchers Arms, at junction of Oak Lane with School Road, East Ruston, NR12 9JQ (OS grid ref: TG 345 282). [what3words: inflates.square.victory] <b>Arriving approx 10.45am.</b>
Thurs 29 <sup>th</sup>	<b>Buxton BM</b> <b>Balay Park</b>	Hedge planting. It's a walk in the park really, the simple process of planting trees.	Balay Park entrance, Cubitts Meadow (off Aylsham Road), Buxton-with-Lammas, NR10 5EF (OS grid ref TG 229 227).  [ what3words: iteration.remove.torch ] <b>Arriving approx 10.30am.</b>

**BOOKING** There is usually enough space for everyone on the minibus if we are working in or near Norwich, but for some longer trips the minibus might get full, please email or text Mark (details below) to be sure of a place on the bus. If you would find it helpful to ask us anything before coming on a project for the first time, please do contact us - see below. Otherwise, if you are over 18 and don't have any unspent convictions for serious crimes, you can just turn up and join in. **If you are 16 or 17** you will need a parent or guardian to sign our permission form before you can get started - please contact us if you need one. **If you have unspent convictions** for sexual or violent offences, you will not be able to volunteer with TCV (please contact us for a confidential chat if you need to check if this applies to you).

**MEETING POINTS** If you would like a map, or directions to the site, please contact us. FREE Minibus transport is available from outside stated pick-up points only, returning to the same place at the end of the session. We do our best to keep to time, but due to traffic etc, all timings are approximate.

**WE PROVIDE** All tools and protective equipment are provided, please bring your own refreshments (drinks and a packed lunch) for the day. If a site has toilets this is indicated on the programme by 'WC' in the 'Site Meeting Point' column.

**PLEASE WEAR** Old work clothes, suitable for the weather. If you have them, please bring reasonably sturdy shoes or boots, and rainwear. We provide work gloves and everything else necessary for the task. You are advised to check if your tetanus inoculation is up to date.

**Mark Webster 07740 899 691 [mark.webster@tcv.org.uk](mailto:mark.webster@tcv.org.uk) [www.tcv.org.uk/norfolk](http://www.tcv.org.uk/norfolk)** TCV, Centrum, Norwich Research Park, NR4 7GJ.