



Join in *Feel Good!* A programme of Conservation Volunteering to improve local green spaces.

Norfolk Environmental Action Team

January 2024 (Part 2)

FREE Minibus leaves at 10am from the Corner of Queens Road & Brazen Gate, by the traffic lights next to the big Sainsbury's car park, near Norwich bus station [what3words: single.affair.robe]. If you would like to get a lift from near UEA, please ask. **Booking is NOT usually needed** - just turn up on the day, unless you want to be sure of a place on the minibus for days marked **BM** below (book via mark.webster@tcv.org.uk / 07740 899 691). See last page of this document for more information about joining these activities, including details about who can attend (most people). Sessions run from arrival on site (depends on traffic and travel distance) to 3.15pm on site, returning to central Norwich by 4.15pm.

Mobile number to contact us on the day: 07740 899 691.

Date	Site	Activity	Site Meeting Point (if coming by car or bike) at 10.15am unless otherwise stated
Mon 15 th – Sat 20 th	Various	See previous programme or www.tcv.org.uk/norwich	See previous programme or www.tcv.org.uk/norwich
Mon 22 nd	Queen's Hills Country Park	Gorse to the left of them, bramble to the right of them...into the valley of scrub rode our band of volunteers opening out habitats for rare bees.	Near small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY, [what3words: lows.science.remarking] Arriving approx 10.25am.
Tues 23 rd	** NO TASK **	*** Sorry, no task today. ***	*** NO TASK TODAY ***
Wed 24 th	Cow Tower Pond	Don't have a cow, man. No cattle here now, just a pond we need to clear the excess vegetation from.	Green space just beyond the car park of The Red Lion pub, 79 Bishopgate, central Norwich, NR1 4AA. [what3words: span.cross.manage]

Thurs 25 th	Mousehold Heath	Getting back on gorse – finding our way to the gorse which is invading the remaining patches of heathland.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [what3words: sobs.deeply.charm]
Fri 26 th	Sloughbottom Meadow	Getting back on track – fighting our way through the scrub to reopen a popular pathway for people to enjoy.	Far (southern) end of Burnet Road, Sweet Briar Road Industrial Estate, Mile Cross, Norwich, NR3 2BD. [what3words: candle.racing.ranked]
Mon 29 th	Cow Tower Pond	Hedgelaying. Something you didn't learn at school, how to bend not break the stems!	Green space just beyond the car park of The Red Lion pub, 79 Bishopgate, central Norwich, NR1 4AA. [what3words: span.cross.manage]
Tues 30 th	Queen's Hills Country Park	Cause all I wanted to be, was somewhere more familiar...not a million miles from here, we will be making the kind of habitat rare bees are familiar with.	Near small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY, [what3words: lows.science.remarking] Arriving approx 10.25am.
Wed 31 st	Sloughbottom Meadow	The path less travelled...parallel to Marriott's Way is a lovely alternative route which we will be clearing of encroaching scrub.	Far (southern) end of Burnet Road, Sweet Briar Road Industrial Estate, Mile Cross, Norwich, NR3 2BD. [what3words: candle.racing.ranked]

Please see below for useful information...

BOOKING There is usually enough space for everyone on the minibus if we are working in or near Norwich, but for some longer trips on Tuesdays and Thursdays the minibus might get full, please email or text Mark (details below) to be sure of a place on the bus. If you would find it helpful to ask us anything before coming on a project for the first time, please do contact us - see below. Otherwise, if you are over 18 and don't have any unspent convictions for serious crimes, you can just turn up and join in. **If you are 16 or 17** you will need a parent or guardian to sign our permission form before you can get started - please contact us if you need one. **If you have unspent convictions** for sexual or violent offences, you will not be able to volunteer with TCV (please contact us for a confidential chat if you need to check if this applies to you).

MEETING POINTS If you would like a map, or directions to the site, please contact us. FREE Minibus transport is available from outside stated pick-up points only, returning to the same place at the end of the session. We do our best to keep to time, but due to traffic etc, all timings are approximate.

WE PROVIDE All tools and protective equipment are provided, please bring your own refreshments (drinks and a packed lunch) for the day. If a site has toilets this is indicated on the programme by 'WC' in the 'Site Meeting Point' column.

PLEASE WEAR Old work clothes, suitable for the weather. If you have them, please bring reasonably sturdy shoes or boots, and rainwear. We provide work gloves and everything else necessary for the task. You are advised to check if your tetanus inoculation is up to date.

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