

Join in *Feel Good!* A programme of Conservation Volunteering to improve local green spaces.



Norfolk Environmental Action Team

January 2024 (Part 1)

FREE Minibus leaves at 10am from the Corner of Queens Road & Brazen Gate, by the traffic lights next to the big Sainsbury's car park, near Norwich bus station [what3words: single.affair.robe]. If you would like to get a lift from near UEA, please ask. **Booking is NOT usually needed** - just turn up on the day, unless you want to be sure of a place on the minibus for days marked **BM** below (book via mark.webster@tcv.org.uk / 07740 899 691). See last page of this document for more information about joining these activities, including details about who can attend (most people). Sessions run from arrival on site (depends on traffic and travel distance) to 3.15pm on site, returning to central Norwich by 4.15pm.

Mobile number to contact us on the day: 07740 899 691.

Date	Site	Activity	Site Meeting Point (if coming by car or bike) at 10.15am unless otherwise stated
Mon 1 st	NO TASK	Sorry, no task today. Happy New Year!	*** NO TASK TODAY *** Recovery day!
Tues 2 nd	NO TASK	Sorry, no task today.	*** NO TASK TODAY *** Extra recovery day! Well, it's a bank holiday in Scotland...
Wed 3 rd	Queen's Hills Country Park	We're back! Returning from our winter break with a lovely session of cutting back old gorse and bramble.	Near small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY, [what3words: lows.science.remarking] Arriving approx 10.25am.
Thurs 4 th	Sprowston Millenium Wood	The ancient craft of coppicing. Plus the more modern craft of fitting guards round the coppice stools.	Woodland entrance, near Cemetery Gates, Church Lane, NR7 8AU. [what3words: scores.during.gold] (OS grid ref: TG 249 126) Arriving at approx 10.20am.

Fri 5 th	Cringleford Community Woodland	Not resting on our laurels. Clearing more invasive laurel and removing old tree guards.	Willow Centre car park, junction of Dragonfly Lane and Willowcraft Way, Cringleford, Norwich, NR4 7JG. [what3words: glaze.again.edges] W.C.
Mon 8 th	Tool Sheds	All tooled up for a day of cleaning, tidying and looking after our tools and equipment.	The Triangle Car Park, at the end of the road past the Innovation centre, Sarah West Road, (off Colney Lane near junction with Watton Road), NR4 7TP. [what3words: mercy.lists.inspector] W.C.
Tues 9 th	Oulton Broad	We Oult to get this finished today. Completing our woodland path for the public to enjoy exploring and clearing out the pond.	Near the turning for Nursery Drive on Monckton Avenue (off Normanstone Drive near roundabout with Peto Way), Oulton Broad, NR32 3EG. [what3words: brains.media.nasal] Arriving at approx 10.55am.
Wed 10 th	Queen's Hills Country Park	Queen Bees. Clearing habitats for rare solitary bees on these sandy south-facing slopes.	Near small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY, [what3words: lows.science.remarking] Arriving approx 10.25am.
Thurs 11 th	Mousehold Heath	There upon the blasted heath, to meet...a whole bunch of volunteers looking after the heathland.	Car park in front of Zak's Mousehold Diner halfway up Gurney Road opposite the bandstand, Norwich, NR1 4HW. [what3words: sobs.deeply.charm]
Fri 12 th	Carrow Hill Black Tower	High on a hill stood a lonely tower...opening out the hidden path to see Norwich's medieval towers and walls.	Carrow Hill (one-way street, enter from King St) near junction with Bracondale, Norwich, NR1 2DZ. [what3words: outfit.empty.lease]
Mon 15 th	Marlpit Woods	Mardle at Marlpit. Improving the woodland paths, but always time for a chat as we work!	Outside the Baseline Centre / Premier Shop / Kebab Shop, Knowland Grove, Marlpit Estate, Norwich, NR5 8YD. [what3words: strict.teeth.tower]
Tues 16 th	Upton Meadow	What are we Upton today? Hedge planting, that's what.	Village Hall car park, Cargate Lane, Upton, NR13 6AU. [what3words: flush.factories.songbirds] (OS grid ref TG 394 125) Arriving at approx 10.30am. W.C.

Wed 17 th	Rouen Road	It's bedtime! Creating a seed bed for planting wildflowers.	Rouen Road at junction with Argyle Street, central Norwich, NR1 1QS. [what3words: union.builds.detail]
Thurs 18 th	Horsford	Has the Hors eaten its Oats? Planting wildflowers at Oatfield in Horsford.	Horseback Way (by the junction with Becksides), Horsford, NR10 3SG (OS grid ref: TG 189 159). [what3words: spellings.thirsty.meaty] Arriving approx 10.25am.
Fri 19 th	Wensum Park	There is no pain, you are re-seeding...no distant shipsmoke on the horizon, but we will be by the river planting wildflower seeds.	Wensum Park north-west entrance, A1067 Drayton Road, Norwich, NR3 2DG. [what3words: budget.sticky.walks]
Sat 20 th	Queen's Hills Community Park	Today is Saturday, Work and Smile! Clearing areas of bramble, gorse and inappropriately planted trees to restore lichen-covered heathland.	Car park by small waterworks on Alfred Munnings Road, between the Longwater Shopping Centre and Queen's Hills housing estate, Costessey, Norwich: nearest postcode NR8 5EY. [what3words: lows.science.remarking] Meet at 10am on site, sorry no minibus from central Norwich today.
Mon 22 nd to Wed 31 st	Tasks TBC	Tasks are expected to be running during this period, activities and locations will be published during January.	Tasks are expected to be running during this period, activities and locations will be published during January.

BOOKING There is usually enough space for everyone on the minibus if we are working in or near Norwich, but for some longer trips on Tuesdays and Thursdays the minibus might get full, please email or text Mark (details below) to be sure of a place on the bus. If you would find it helpful to ask us anything before coming on a project for the first time, please do contact us - see below. Otherwise, if you are over 18 and don't have any unspent convictions for serious crimes, you can just turn up and join in. **If you are 16 or 17** you will need a parent or guardian to sign our permission form before you can get started - please contact us if you need one. **If you have unspent convictions** for sexual or violent offences, you will not be able to volunteer with TCV (please contact us for a confidential chat if you need to check if this applies to you).

MEETING POINTS If you would like a map, or directions to the site, please contact us. FREE Minibus transport is available from outside stated pick-up points only, returning to the same place at the end of the session. We do our best to keep to time, but due to traffic etc, all timings are approximate.

WE PROVIDE All tools and protective equipment are provided, please bring your own refreshments (drinks and a packed lunch) for the day. If a site has toilets this is indicated on the programme by 'WC' in the 'Site Meeting Point' column.

PLEASE WEAR Old work clothes, suitable for the weather. If you have them, please bring reasonably sturdy shoes or boots, and rainwear. We provide work gloves and everything else necessary for the task. You are advised to check if your tetanus inoculation is up to date.

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